Required time for each trail course

- Shirakumobashi Course: 110 minutes ascending, 95 minutes descending
- Miyukighara Course: 90 minutes ascending, 70 minutes descending
- Otatsu-ishi Course: 40 minutes ascending, 35 minutes descending
- Mukaeba Course: 40 minutes ascending, 35 minutes descending
- Mountaintop connection trail: 30 minutes one way between Nantai Peak and Nyotai Peak
- Nature research trail: 60 minutes for one loop

Precautions for mountain climbing:

- Please make a detailed plan, and pay attention so that you don’t miss buses or other transportation.
- If you lose your way, please turn back and return down the mountain.
- Please be sure to bring water.
- When the condition of the path is bad, please turn back because it may be dangerous.
- Don’t enter places that are not designated for hiking.
- No catching animals, no picking plants.

About Mount Tsukuba (Tsukuba-san in Japanese):

From the words of old people, it is said that during the era of the Tokuho, Mount Tsukuba was called “Shina-dake” or “Shina-fuji.” It was a mountain where the Emperor would offer 100 monkeys to the gods in the Shinto religion.

Mount Tsukuba is the highest mountain in the lowest of the 100 mountains. Only Mount Tsukuba and Kamakura of Kanagawa Prefecture are less than 100 meters.

One of the most famous shrines in Japan is the Kannon-ji Temple, which is about 1,000 years old. The Mount Tsukuba Kannon-ji Temple is located on the mountain.

There are many stories and legends about Mount Tsukuba, and the most famous is the story of the sacred monkey. The sacred monkey is said to be able to communicate with humans.

The view from the mountain top is beautiful, and you can enjoy the surrounding natural beauty. There are many spots where you can relax and enjoy the view. The nearby towns of Saitama, Ibaraki, and Chiba also have many attractions.

There are many temples in the area, and visiting them is a great way to experience Japanese culture.

Recommended spots on Mt. Tsukuba:

- Mt. Tsukuba Hinokio Park
- Mt. Tsukuba Shop
- Mt. Tsukuba Barin (Tsukuba Plum Grove Park)
- Mt. Tsukuba Cable Car Station
- Mt. Tsukuba Grand Hotel
- Mt. Tsukuba Tourist Information Center
- Mt. Tsukuba Hotel Aokiya
- Mt. Tsukuba Hotel Tomiyama

Strange rocks and bizarre stones:

1. Dadaburu (Buddha Rock)
2. Hokutotaka (The Big Rock in the Sky)
3. Rimen-Gosho (A Rock that Cries)
4. Defumin-Uki (Incomprehensible Boats)
5. Hanamino-Taniyu (Passing Through the Flower Rain)
6. Takamaru (The Sea of Choked Bones of the Gods)
7. Benkei-Jizou (Priest Benkei’s Fuji)

An introduction of "Power Sopts":

Mount Tsukuba:

- This is the highest mountain in Japan.
- It is said to be a place where various wishes come true.
- It is called "Nantai" in local dialects.
- It is a popular place for hiking and nature enthusiasts.

Cha-Heisan:

- It is said that people wish for wishes on this mountain.
- It is recommended to visit Tsukuba on a "Nantai" day, especially at Mt. Tsukuba, where wishes come true.